

Life Skills



Life Skills Curriculum Map

Life Skills- Our Why?





Our Life Skills curriculum is designed to develop the knowledge and skills for preparing for adulthood and to explore accessible careers opportunities to enable the best outcomes for all. At Discovery we want all our children to grow into healthy, independent adults who engage in their community and have safe and happy relationships. We will offer students the chance to practise these skills with scaffolded support both in school and in the real world. They will leave with confidence, resilience and a willingness to advocate for their own needs.

Please note: The Curriculum Map begins with L1 at the bottom of this document

Big Ideas promoted in our Life Skills Curriculum



Substantive Concepts of our Life Skills Curriculum

Employment	 Employment	Students will learn about the world of work and will build a range of employability skills.
Better Health	 Better health	Students will acquire the knowledge and skills to keep themselves physically and mentally healthy.
Independent Living	 Independent living	Students will practise the skills they need to live as independently as possible. These will be appropriate to age and stage and will take individual needs and targets into account.
Friends, Relationships and Community	 Friends, relationships and community	Students will work with their peers to engage with their community in a safe and proactive way.

