

PHSRE



Curriculum Map

PHSRE- Our Why?

The aim PHSE/SRE curriculum at Discovery is to allow our pupils to be healthy, social, free thinkers that are safe and aware of the world around them. Pupils develop their knowledge and skills through the grades and steps driven by theme for PHSE every half term that uses the 4 corners of Engage, Develop, innovate and Express to embed learning.

Please note the Curriculum Map starts with L1 at the bottom of the document

Big Ideas promoted in our PHSRE Curriculum







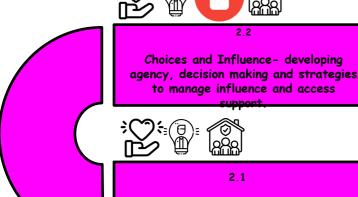






Substantive Concepts of our PHSE/SRE Curriculum

Safe Me	To gain a further range of knowledge to keep myself safe, using and applying skills.
Healthy Me	To gain a further range of knowledge of what keeps humans healthy and how I apply this to my life stages. using and applying skills.
Caring Me	To gain a further range of knowledge on other people around me and how to support them. using and applying skills.
Understanding Me	To gain a further range of knowledge of my own needs and the impact this has on later life. using and applying skills.
Online Me	To begin to gain knowledge on how to stay safe online and how to take steps to manage a digital footprint.
Safeguarding Me	By prioritising safeguarding as a thread throughout the PHSRE ensures that the skills and knowledge that children require to keep themselves safe is consistently taught.















Independence and Aspirationdeveloping self awareness, goal setting, adaptability and organization skills





Independence and Aspiration-

developing goal setting, leadership

and presentation skills

to manage influence and access





Autonomy and Advocacy- developing

respect for diversity, risk management

and support seeking skills





Autonomy and Advocacydeveloping empathy, compassion, strategies to manage influence and assertive communication

Choices and Influence- developing motivation, organization, leadership and presentation skills

