










Personal Development at Discovery Academy













2024-25

The Personal Development curriculum aims to create opportunities for children re-visit their learning in the context of a local, national and global community. It asks them to look both inwardly and outwardly in order to develop understanding and skills for life.

Half Term 1	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8
Protected Characteristic	 <p>Disability; learn about what makes us unique, what have special needs means for different people in our school, community and in the wider world.</p>							
Big Ideas Focus	 <p>Nature; explore the way our local environment as we move into Autumn. Can children name the seasons? What do they notice as they change? What do they enjoy celebrating in Autumn/</p>							
Preparation for Adulthood Focus	 <p>Community Engagement: re-joining the school community, exploring our extra-curricular offer, going out into the local community</p>							
British Value of the half term	 <p>Mutual Respect: linking to 'disability' and the fact that all people are owed respect regardless of their ability</p>							
PSHE Focus (Lower)	Healthy Me (see PSHE map)							
PSHE Focus (Upper)	Understanding Me (PSHE map)							
Rights to Rights Focus	Intro to Rights 					Review and Recap		
Assemblies	Introduction to House Values	Introduction to 'Disability'	Autism	What is it like to be deaf?	ADHD Awareness month begins	What is it like to be blind?	Paralympic heroes	Showcase work linked to PC
House and Cultural Events		International Literacy Day		International Day of Deaf People – Learn how to sign event (MJ / AB)	World Space Day	October 10 th – World Mental Health Day		Black History Week; Jamaica Heroes Day




HOUSE VALUE: Billy says "it is important for people with **disabilities** to **believe** in themselves..."


Half Term 2	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
Protected Characteristic		Age; learn about how things change as we get older, what is the difference between an adult and a child (link to worries), consider old age and illness (be aware of any recent bereavement or family illness)					
Big Ideas Focus		Humankind; learn about the people around you. Grow your understanding of your class, your school and your community.					
Preparation for Adulthood Focus		Health; Keeping ourselves safe and healthy, at school and at home					
British Value of the half term		Individual Liberty; Link to learning around age and health – What are our health rights? At what age do our rights change?					
PSHE Focus (Lower)	Health & Wellbeing; Growing and changing, keeping safe, healthy lifestyles						
PSHE Focus (Upper)	Health & Wellbeing; Healthy decisions, drugs and alcohol, puberty and sexual health, sexual identity						
Rights to Rights Focus							Consolidation / revision based on context / age / wider curriculum
Assemblies	Introduction to 'Age' as a protected characteristic	Quiz on legal ages e.g. voting, driving etc,	What is like to be a veteran?	Social media and suitability	Kindness in the community – what can we do to help older people where we live?	Local news story link	Showcase work linked to PC
House and Cultural Events	Halloween	November 11 th - Remembrance Day	Anti-Bullying Day – 13 th Nov November 15 th – Children in Need	Christmas Fair	Carol singing in the community / at care home		Christmas Week





HOUSE VALUE: Daisy Dreamer says “Dream big about your future!”

Half Term 3	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6
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Protected Characteristic 

Big Ideas Focus 

Preparation for Adulthood Focus 

British Value of the half term 
THE RULE OF LAW

Sex & Sexual Orientation; learn about how our bodies are the same and different, understand that some people are attracted to people of the same sex

Creativity; celebrate identity, friendships and relationships through creative expression.

Community Engagement; Find about more about the history of LGBTQ+ rights in Sheffield (see exhibition at Western Park museum)
Learn how to discuss views respectfully.

Rule of Law; Understand the law in relation to discrimination around gender and sexuality.






PSHE Focus (Lower)

PSHE Focus (Upper)

Understanding me

Caring me

Rights to Rights Focus

					Consolidation / revision based on context / age / wider curriculum
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Assemblies










Introduction to 'Sex and Sexual Orientation'	Who was Alan Turing?	This Girl Can (link to #Changemakers sports leaders)	Link to news story	LGBTQ+ Month	Showcase work linked to PC
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House and Cultural Events

			29 th Chinese New year	LGBTQ+ Month Begins (Feb)	11 th February – Safer Internet Day 14 th Valentine's Disco
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HOUSE VALUE: Archer says "We have to know who we are in order to **achieve** our dreams!"


Half Term 4	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6
Protected Characteristic	  Pregnancy and Maternity & Marriage and Civil Partnership; learn about different families, the choices people make as adults					
Big Ideas Link	 Rights; Everybody has a right to be safe					
Preparation for Adulthood Focus	 Employment; Link the gender gap with older students					
British Value of the half term	 Democracy; Explore the vote and the suffragettes (link to last HT's learning)					
PSHE Focus (Lower)	Caring Me					
PSHE Focus (Upper)	Understanding Me & Online me					
Rights to Rights Focus						Consolidation / revision based on context / age / wider curriculum
Assemblies	Introduction to 'Pregnancy and Marriage'	Different kinds of families	Marriage around the world	Link to local news story	Refugee children	Showcase work linked to PC
House and Cultural Events	Earth Day – Family Community Day		VE Day	15 th May - Mental Health Awareness Week Big Ideas on Heritage Day		




HOUSE VALUE: Daisy dreams of “a world where everybody feels part of a happy, safe family.”

Half Term 5	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6
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Protected Characteristic 

Big Ideas Passport Challenge 

Preparation for Adulthood Focus 

British Value of the half term 
MUTUAL RESPECT

Gender reassignment; learn about the difference between sex and gender and the role they play in identity and stereotypes

Exploration; People are free to explore their own identity free from discrimination. We should be kind and curious about people who are different from us.

Health; mental health and the role relationships, sex and gender can have on it

Mutual respect: Everybody deserves the same love and respect regardless of how they identify

PSHE Focus (Lower)

Heathy Me

PSHE Focus (Upper)

Understanding Me

Rights to Rights Focus

					Consolidation / revision based on context / age / wider curriculum
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Assemblies

Introduction to 'Gender Reassignment'	The law relating to gender reassignment	How do we express our identity?	News story linked to mental health related to gender	Mythbuster quiz	Showcase work linked to PC
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House and Cultural Events

	6 th March – World Book Day	7 th Girl Power Day 8 th March – International Women's Day		Red Nose Day	Family Easter Egg Colour Run
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HOUSE VALUE: Billy believes "Everyone should feel safe to be who they truly are."

Half Term 6	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
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Protected Characteristic



Race and belief; learn about diversity and understand the value of sharing the world with people who are different to you.

Big Ideas Passport Challenge



Place and Space; a celebration of people around the world

Preparation for Adulthood Focus



Living independently; learn about how to take care of money

British Value of the half term



Tolerance: How can we move beyond tolerance and towards celebration?

PSHE Focus (Lower)

Understanding Me

PSHE Focus (Upper)

Understanding Me

Rights to Rights Focus

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Assemblies

Introduction to 'Race and belief'	Celebration of our city's culture and heritage	Showcase of Jamaican heritage	Celebration of our school culture	Local news story	Embracing difference	Showcase work linked to PC
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House and Cultural Events

Pride Disco		World Refugee Week	RSE Day			Family Picnic
Aid Al-Ada celebration		Sports Day				



HOUSE VALUE: Archer knows "We can only **achieve** greatness when we embrace and celebrate diversity."